

CAMPSAY:AU

A Summer Camp For Young People Who Stutter



JANUARY 13-17TH
2025

CAMP SAY: AU DIRECTOR

As a person who stutters, I understand the unique internal and external challenges faced by children who stutter, how these challenges can negatively impact their lives, and can also hinder their ability to fully express themselves.

I, alongside our supportive camp team, are dedicated to creating a safe and accepting space where every child who stutters is seen, heard, and loved for their true authentic selves.

In an atmosphere of kindness, hope, empathy, deep-listening, love and fun, we help young people who stutter embrace their voices and dreams, to experience the reassurance and relief of connecting with others who stutter, to say the words that shouldn't go unsaid, and to live each day with courage instead of fear.



**"AT CAMP SAY: AU
IT'S REALLY, REALLY, REALLY
OK TO STUTTER"**





CAMP SAY: AU

Camp SAY: AU is the first Australian sleep-away summer camp for young people who stutter ages 7-18yrs! Camp runs over 5-days / 4-nights, and we also offer shortened stays, day-attending, etc.....whatever works for your child/family, works for us.

We offer a traditional camp experience with specialised programs and activities that help kids and teens who stutter develop confidence, independence, and form important lifelong friendships and support networks.

Campers are welcomed by friendly staff and campers and immediately realise that camp is a place where they are free to express themselves without fear or ridicule of how they speak.

Camp programs and activities are specially designed to meet each child's individual goals and needs. So instead of worrying about stuttering, kids can experience the wonderful joy of being a child.

Camp SAY: AU is a transformative period of connection, growth, laughter, creativity, and fun, designed to help our campers see that the way they speak right now is beautiful, and that nothing should EVER hold them back from anything they dream of accomplishing.



Our Camp Team is dedicated to providing an accepting, stuttering-safe, inclusive, empathic, supportive and loving camp environment where all of our campers needs will be met.

All Team members have been with SAY: AU for a minimum of 12 months, are people who stutter or stuttering allies, and understand the unique challenges faced by young people who stutter.

Our staff-to-camper ratio is almost 1:1, and all staff have in-date Working With Children Checks and Federal Police Checks.

And, they all love having heaps of fun!!!

KEEP



LOG CABIN CAMP



Camp SAY: AU takes place at Log Cabin Camp, a family-owned camp run by two truly amazing and warm people, Christine & Grant.

Log Cabin Camp (LCC) is one of the premiere campsite facilities in Victoria, located on the outskirts of the historical former gold-mining town of Creswick, which is 15 minutes from Ballarat and 140km West of Melbourne's CBD. LCC is also an accredited Australian Camping Association Campsite.

The 36-acre impeccably maintained facility is adjacent to beautiful forests and pine plantations, offering a lovely and welcoming setting which immediately inspires a sense of community...which aligns deeply with a core value of Camp SAY: AU.

2025 will be our third year at LCC and it truly is our camp home.



FRAGILES



The dining room is a perfect space for the entire camp to start our day together and to share delicious and nutritious meals with friends throughout the day. Log Cabin Camp will be able to accommodate all dietary restrictions, so we have your child covered!



All camper cabins are newly-renovated and comfortable, complete with modern bathrooms. LCC also has a spacious indoor/outdoor activities REC centre, a tented picnic area, and a picturesque spring-fed lake.





At camp we provide a range of SAY: AU creative arts activities alongside LCC's amazing indoor / outdoor traditional camp activities.

Our Camp SAY: AU programming is aimed at helping to support our camper's confidence and personal growth, providing challenges that will allow and encourage campers to safely expand their comfort zones, and to have lots and lots of fun.



ADVENTURES



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